## 31 DAYS DECLUTTER CALENDAR

Our lives are filled with numerous responsibilities, tasks, and chores that can easily made us overwhelmed. However, with proper organization, we can regain control. Through my challenge, I will guide you in taking small, manageable steps each day that will have a significant impact on your personal space and daily life. By the end of the challenge, you will have developed a new sense of organization and control over the chaos in your life.

I found that some organizing challenges can be overwhelming or unrealistic, such as organizing an entire kitchen or garage in one day. That's why I've designed my challenge to include simple tasks that can be completed in one day, along with your regular routines. We'll start with small tasks like an organizing a nightstand, then put together all cords and chargers, one step at a time.

As you begin the decluttering process, the main decisions you will make about things are:

- Decide to keep it and find a suitable place to store it in your house.
- · Choose to donate or sell it.
- Discard any items that are damaged, broken, or not suitable for donation/sale.

For the first day you will need to find a two large boxes and a garbage bag to help you while make these decisions.

The first box will serve as a temporary storage for items you wish to keep but aren't sure where to place yet.

The second box will hold items you plan to donate or sell after completing the decluttering challenge.

Lastly, the garbage bag is for any broken or unusable items that should be disposed of.

Don't try to make it perfect during the challenge. Instead, focus on what works for your household and your lifestyle. Keep in mind that even small steps can have a significant impact on your home and your well-being.

Good luck!



## 31 DAYS DECLUTTER CALENDAR

DAY 1 DAY 2 DAY 3 DAY 4 DAY 5 PREPARE 2 ORGANIZE 15 MINUTES **PUT TOGETHER** ORGANIZE LARGE BOXES A BEDROOM WORKING ON ΔΙΙ Δ AND A NIGHTSTAND YOUR DESK'S **MEMORABILIA** UNDERWEAR **GARBAGE BAG** ORGANIZING DRAWER DAY 6 DAY 7 DAY 8 DAY 9 **DAY 10** 15 MINUTES ORGANIZE MAKE UP ORGANIZE ORGANIZE A MAKE UP WORKING ON YOUR SOCIAL YOUR A BED YOUR CLOSET BAG/DRAWER MEDIA E-MAIL ORGANIZING **DAY 13 DAY 11 DAY 12 DAY 15 DAY 14** ORGANIZE ORGANIZE ORGANIZE SORT OUT ORGANIZE COUNTERTOPS YOUR PHONE ALL CORDS PAPER MAIL A SOCKS APPS AND DRAWER CHARGERS **DAY 16 DAY 17 DAY 18 DAY 19 DAY 20** TAKE CARE 15 MINUTES 15 MINUTES **PUT AWAY** ORGANI7F ABOUT PLANTS UNUSED WORKING ON ORGANIZING A MEDICAL KIDS' TOYS A KIDS' **HANGERS** CABINET AND ORGANIZING CLOSET DRAWFRS **DAY 21 DAY 22 DAY 23 DAY 24 DAY 25** ORGANIZE ORGANIZE ORGANIZE ORGANIZE ORGANIZE A REFRIGERATOR OUTSIDE THE ANY KITCHEN A CAR TRUNK A FRIDGE REFRIGERATOR DRAWER, ONLY ONE **DAY 29 DAY 26 DAY 27 DAY 28 DAY 30** PUT AWAY ALL KEEP 15 MINUTES MAKE A FIGURE OUT WHAT TO DO PREPARED UNKEEPED WORKING AT DETAILED WITH THINGS FROM **PROMISES** THE GARAGE PLAN FOR UNDECIIDED THE 2ND BOX TOMORROW THINGS

THANK YOURSELF FOR ALL HARD WORK YOU DID DURING THIS MONTH

**DAY 31**